



# THEME FOR ART & SPEECH & ESSAY WRITING

## THEME: DREAMSCAPES EXPLORED (ADVENTURE IN DREAMS)

The theme "Dreamscapes Explored" is all about having exciting adventures in your dreams. When you sleep, your mind can take you to wonderful places filled with magic and surprises. You might fly over beautiful landscapes, meet fantastic creatures, or go on thrilling quests. This theme encourages you to let your imagination run wild and share those amazing experiences. It's a great way to express your creativity and show everyone the incredible adventures through essay, speech or Art.

## RULES & REGULATIONS FOR SMETA ART OLYMPIAD

1. Artwork should be created on a plain white on A4 (21 x 29.cm)/8.3 x 11.7 inches or maximum A2-sized sheet (42 x 59.4 cm/16.5 x 23.4 inches). The entire artwork must fit on a single flat piece of paper.
2. Artwork should be one sided.
3. Various artistic tools such as pencils, crayons, sketches, pastels, watercolors, artwork colors are allowed to use etc.
4. Ensure that your artwork aligns with the competition's theme to avoid disqualification.
5. By submitting your artwork, you grant permission for the organization to display it at various events and on their website and it's the property of organization.
6. Offensive or inappropriate content will lead to the exclusion of your artwork from the competition. The organization reserves the right to withdraw any submissions.
7. The organizers will appoint judges to make the ultimate decisions. A skilled panel of judges will assess entries, considering factors such as creativity, technique, and overall impact. The decisions made by the judges are final and cannot be challenged at any forum.



## **RULES & REGULATIONS FOR SMETA ESSAY WRITING OLYMPIAD**

1. The language of entry must be in English.
2. Participants must submit either pdf or word document of their Essay writing.
3. An Essay should be;  
Category 1: Grade 1-3 – 500 words or less  
Category 2: Grade 4-6 – 1000 words or less  
Category 3: Grade 7-9 - 1500 words or less  
Category 4: Grade 10-12 – 1500 words or less
4. The font for all creative writing categories is Times New Roman, with a font size of 12.
5. All entries will be regarded as final once submitted; participants will not be allowed to make changes after submission.
6. All participants are encouraged to submit typed entries: hand-written entry will only be accepted for Category 1 (Grade 1-3).
7. The organizers will appoint judges to make the ultimate decisions. A skilled panel of judges will assess entries, considering factors such as creativity, technique, and overall impact. The decisions made by the judges are final and cannot be challenged at any forum.

## **RULES & REGULATIONS FOR SMETA SPEECH OLYMPIAD**

1. Submit a video recording of your speech, ensuring it is between 2 to 5 minutes in duration. Judges will deduct 5 points from each score sheet for every minute outside this range.
2. Ensure that your voice is clear, and presenter should position himself correctly within the video frame. The presenter should be dressed appropriately.
3. Participants may begin by introducing themselves with their full name, country, and the topic they will address.
4. The speech must align with the announced theme; speeches not appropriately related to the theme may be disqualified at the judges' discretion.
5. Visual or written aids are not permitted.
6. During the speech, participants are not allowed coaching from friends, supervisors, educators, parents, or coaches.
7. The organizers will appoint judges to make the ultimate decisions. A skilled panel of judges will assess entries, considering factors such as creativity, technique, and overall impact. The decisions made by the judges are final and cannot be challenged at any forum.



## **RULES & REGULATIONS FOR SMETA PHOTOGRAPHY OLYMPIAD**

1. Participants are requested to submit only one photograph.
2. It is encouraged to ensure that the photograph are vibrant and full of color.
3. Submitted photo should aim to be inspiring, entertaining, informative, and convey a positive message.
4. Participants are advised to avoid including logos, slogans, or any form of advertisements in the photos.
5. The use of foul language, violent or gory imagery, political content, or inappropriate material is strictly prohibited.
6. The SMETA Olympiads Organization retains complete ownership and copyright over all photos submitted by participants.
7. Finalists are required to grant permission for their photographs to be showcased and utilized across various media platforms.
8. The organizers will appoint judges to make the ultimate decisions. A skilled panel of judges will assess entries, considering factors such as creativity, technique, and overall impact. The decisions made by the judges are final and cannot be challenged at any forum.

**Please Note - There is no specific theme for the Photography Olympiad—students are free to explore and submit creative works of their choice**